

Call for Abstracts

Polestar Pilates 7th World Conference: “Building for Life” Research Platform Presentations San Diego, California, USA, May 27 - 29, 2011

January 5, 2011

Dear Colleagues,

We are calling on you to participate in a research forum at our World Conference in San Diego, California, USA, May 27 - 29, 2011.

Polestar Pilates Education feels that ongoing research is an integral part of the evolution and practice of the Pilates techniques. Sound research and evidence-based practice is necessary to ensure our approach is effective, efficient, and safe. Justification of our techniques is not only important to us, as practitioners, but also to our clients/patients and to all other professionals participating in health and wellness.

Please take this opportunity to share your knowledge and experience with the Polestar family. Through shared knowledge, we will continue to be a ‘polestar’ in the practice of Pilates.

Sincerely,

Brent D. Anderson, PhD, PT, OCS
Chair Research Platform
Founder and President

Call for Abstracts

Polestar Pilates 7th World Conference: “Building for Life” Research Platform Presentations San Diego, California, USA, May 27 - 29, 2011

Categories of Presentations and Abstract Submission Requirements:

Abstracts are requested for:

Research Reports

Special Interest Report

Research and Special Interest Reports may be made in either of the following formats:

Platform presentations are 20-minute oral presentations to a seated audience, with 15 minutes devoted to the speaker and 5 minutes reserved for audience questions.

Poster presentations are reports in which information is summarized using brief written statements and graphic materials, such as photographs, charts, graphs, and/or diagrams mounted on a poster board measuring four (4) feet high by six (6) feet wide. Poster will be on display throughout the entire conference. Speakers will be assigned a specific date and time when they must be at their poster to discuss it with participants.

Research Reports

Research Reports must be presentations of original scientific data collected by the author(s). Any established research format may be used (eg, clinical trials, descriptive studies, single-subject designs, qualitative methods, etc).

Abstracts for both Platform and Poster Research Reports must include the following information (include all subheadings in the sequence shown below):

Purpose: What was the major reason for doing the study or for formulating a hypothesis?

Subjects: Describe the number and relevant characteristics of subjects.

Methods and Materials: What techniques were used to collect the data? What materials were included within this methodology?

Analysis: List statistical tools or qualitative analyses used. Describe the type(s) of statistical analyses used to address the purpose or hypotheses. Include descriptions of statistics and/or hypotheses testing.

Results: Briefly summarize the data derived from your analysis.

Conclusions: What can you logically conclude through the analysis of your data? What is the importance/relevance to practice?

Funding Source: Please state any source of funding or support for the course on the full copy only and indicate whether any of the authors have any potential for material gain as a result of the study. If none, state, state none.

Special Interest Reports

Special Interest Reports are presentations of new or unique information developed by the author(s) or descriptions of innovative ways in which established methods have been adapted to meet the special needs of Pilates Practitioners and Alternative Movement Therapies. Case reports, case studies, and reports of projects concerned with organization, regulation or management of physical therapy services also will be considered in this category.

Abstracts for both Platform and Poster Special Interest Reports must include the following information (include all subheadings in the sequence shown below):

Purpose: What was the major reason for developing the new or adapted program or method presented?

Foundation: Describe the underlying theory or basis for this report.

Description: What methods, materials, and principles did the project involve, and how have these been developed and used?

Observations: What reactions and responses have you encountered when the program or method has been put to use?

Conclusions: What is the significance of this work for physical therapy, movement therapy, and/or Pilates practice and what are your suggestions for future work related to this project?

Funding Source: Please state any source of funding or support for the course on the full copy only and indicate whether any of the authors have any potential for material gain as a result of the study. If none, state, state none.

GENERAL INFORMATION FOR ALL ABSTRACTS

1. Presentation must describe original work to which all authors listed have made a substantial contribution.
2. An abstract must report one study. A study should not be divided into multiple abstract presentations (e.g., “validity and reliability data reported in two abstracts as two separate studies).
3. All abstracts and presentations must adhere to “people-first” language. A subject should not be referred to by disability or conditions, and terms that could be considered biasing or discriminatory in any way should be removed (e.g., “person with low back pain” instead of “back patient”)
4. Abstracts must not promote a brand name.
5. All presentations must cover the content and outline as described in the abstract.
6. One author must register for the conference and be available to participate in the program at the time scheduled.
7. Each prospective presenter may submit a maximum of two posters and one platform for consideration. A maximum of two presentations may be selected for any one individual.
8. No honorarium or payment of expenses is provided for abstract presenters.
9. All abstracts will be screened without knowledge of the identity of the author(s).
Selection will be based on:
 - a. Clarity of presentation,
 - b. Compliance with content requirements for that category of presentation,
 - c. Internal consistency of information presented,
 - d. Adherence to “people-first” language,
 - e. One study, not divided into multiple abstracts,
 - f. Importance/clinical relevance is clearly stated, and
 - g. Statistical tools are identified
10. Abstracts for all accepted presentations will be published electronically on Polestar Pilates Web Site as submitted. Only the presenting author will be published in the onsite program.
11. The 2011 Polestar Conference Program Committee reserves the right to make the final determination of presentation format (platform or poster) based on schedule and space constraints.
12. All decisions of the 2011 Conference Program Committee are final.
13. All identifying references must be removed from the blind copies.

Instruction for Preparing and Emailing Abstracts

1. Preparing Abstracts
 - a. All abstracts must be typewritten, single-spaced, on 8 ½ X 11” or A4 white paper, in Times Roman 12 point size. The word count in the body of the abstract (including subheadings but excluding title, author names, and contact information) should not exceed 400 words.
 - b. At the top of the abstract, type the TITLE OF YOUR PRESENTATION IN ALL CAPITAL LETTERS. Do NOT center the title.
 - c. Immediately following the title, type each author’s last name and initials. Do not include titles or degrees or use periods. Underline the name of the one author who will present the work if it is accepted.
 - d. Immediately after the author name(s), place a semi-colon and then type the name of the institution or organization and the city, state, and country of the institution/organization in which the work was done. Include an e-mail address of the one author who will present the work if it is accepted. Include funding source information.
 - e. Leave one blank line between this identifying information and the text of your abstract.
2. Preparing the submission Sheet
 - a. The contact information provided on the submission sheet should be that of the presenter for the abstract.
 - b. Staple submission sheet for abstracts to the original abstract. Please list only one name on the submission sheet, and complete all information.
 - c. Please provide all information included in the section identified “For Abstracts Only.”
3. Copying Abstracts for Submission
 - a. Copies may be made using either a photocopier or printer. Please make certain that all copies are easy to read and free of any extra marks or smudges.
 - b. In addition to the submission of one original abstract and the Submission Sheet for Abstracts, please provide the following material:
 - i. Two copies of the abstract, including the name of the authors and the name and location of the institution in which the work was done.
 - ii. Five copies of the abstract from which you have deleted the author names and the name and location of the institution in which the work was done, as well as words within the text that identify the authors or institution. Only these copies will be used by the screening committee to select presentations.
 - iii. An electronic copy of the abstract in each of the above formats (one file which contains names and institution information and one file which does not contain identifying information) as a Word file. Save the first document using the title of the presentation and primary author’s last name and the second document using only the title of the presentation.

4. Sending Abstracts

- a. Email electronic copies and mail hard copies of abstract and submission sheets to:
Polestar Pilates 7th World Conference
C/O Brent Anderson
1500 Monza Avenue, Suite 350
Coral Gables, Florida 33146
USA
elizabeth@polestarpilates.com
- b. Do not fold submitted material.
- c. It is acceptable to mail more than one submission per envelope.

**ABSTRACT PREPARATION
DEADLINE:
Submissions must be
postmarked no later than
February 25, 2011**

Submission Sheet for Abstracts
Polestar Pilates 7th World Conference:
“Building for Life”
Research Platform Presentations
San Diego, California, USA, May 27 - 29, 2011

Submitter Information (please type or clearly print):

Name:

Address:

City:

State

Zip Code:

Country:

Telephone:

2nd Telephone:

Fax:

Email:

For Abstracts Only

Category of Submission

- Research Report/Platform
- Special Interest Report/Platform

Abstract Title:

Please send your submissions as soon as possible.
Submissions must be postmarked no later than
February 25, 2011